

this week

Sunday, January 27

8:30 a.m. Worship
 9:00 a.m. Early Sunday Bible Study Group
 9:00-9:40 a.m. Library Open
 9:40 a.m. Sunday Bible Study
 10:50 a.m. Worship
 12:00-12:30 p.m. Library Open
 12:00 p.m. Student Handbells
 4:00 p.m. Mixed Ensembles
 4:30 p.m. Family Ministry Committee Meeting
 4:45 p.m. Ladies Ensemble
5:30 p.m. Quarterly Conference
 6:00 p.m. January Bible Study, Student Gathering, Bible Skills and Bible Drill

Monday, January 28

9:00 a.m. - 3:30 p.m. ESL Classes
 1:30 p.m. GriefShare, Ladies Handbells
 6:30 p.m. GriefShare, Adult Handbells

Tuesday, January 29

9:00 a.m. - 3:30 p.m. ESL Classes
 9:30 a.m. Early Learning Program
 12:00 p.m. Ruth's Open Door Weaving Group
 6:00 p.m. Perspectives Class

Wednesday, January 30

9:00 a.m. - 3:30 p.m. ESL Classes
 10:00 a.m. - 12:00 p.m. Library Open
 4:15 p.m. Children's Handbells
 4:30 p.m. Children's Chimes
 4:45 p.m. Fellowship Dinner
 5:30 p.m. Children's/Student Choirs, ESL Citizenship, ESL Class, Ladies Bible Study *Psalm 119*
 5:45 p.m. Bible Study and Prayer
 5:45-7:00 p.m. Library Open
 6:00 p.m. Singles Bible Study *Psalm 119*, Men's Bible Study *Mere Christianity*
 6:30 p.m. RA, GA, Mission Friends
 6:45 p.m. Adult Choir Rehearsal
 7:30 p.m. Orchestra Rehearsal

Thursday, January 31

9:00 a.m. - 3:30 p.m. ESL Classes
 9:30 a.m. Early Learning Program, Precept *Ezekiel 2*
 10:00 a.m. Adult Game Day
 7:00 p.m. Precept *Ezekiel 2*
 8:00 p.m. Men's Basketball

Friday, February 1

9:30 a.m. Early Learning Program
 5:30 p.m. Student Winter Retreat

Saturday, February 2

5:00 p.m. Student Return from Winter Retreat

WEDNESDAY DINNER

January 30, 2019

Chicken & noodles, mashed potatoes, vegetable, salad, dessert, and beverage.

Adults \$5, children \$3.50, family max \$18.
 Please call the church office, 918-299-0904 to make reservations by Tuesday at noon.

southtulsa
 BAPTIST CHURCH

10310 South Sheridan Road | Tulsa, Oklahoma 74133
 918.299.0904 | southtulsa.org

Sharing the
 Good News about
 Jesus in our
 community and
 around the world

more

STUDENT GATHERING | JANUARY 27 - Join us in the Gymnasium starting at 6:00 p.m. to play dodgeball and get to know other students. Invite a friend. No cost and drinks will be provided.

SINGLES BIBLE STUDY - Single adults are invited to a weekly Bible study on Wednesday nights from 6:00-7:00 p.m. This study of *Psalm 119* is led by James Nance, Mike Bean and Joe Ross. We will discuss finding God's perfect will and how to live the Christian life.

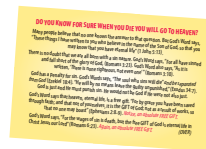
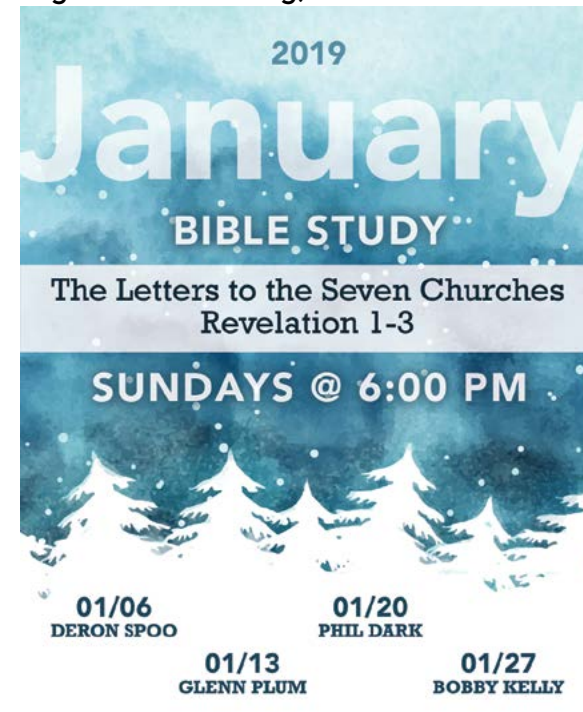
WOMEN'S BIBLE STUDY - *Psalm 119* by Matt Chandler is a ten week study that meets on Wednesday nights from 5:30 to 7:15 p.m. thru March 13, 2019. If you are interested in joining us, please email Debby Arnold at darnold@capmgtco.com or call 918-639-5777.

MEN'S BIBLE STUDY - Join us for a men's Bible study, *Mere Christianity* by C.S. Lewis on Wednesday evenings from 6:00-7:00 in room D174. What matters most in this all-important race of life is how you finish.

CRAZY CHOIR DAZE #4 BRING A FRIEND DAY - Wednesday, January 30, 5:30-6:30 pm, boys and girls are encouraged to bring a friend to children's choir. They will also be able to spend their wooden nickels at the Fruit Market. Children have received wooden nickels throughout the month for their attendance, bringing a visitor to choir, being Choir Member of the Week, saying their memory verses or singing the Hymn-of-the-Month. Choir Leaders are also encouraged to wear their Fruit of the Spirit t-shirt.

YELLOW WITNESSING CARDS - Share the Good News, yellow witnessing cards are available on the track rack by the church library.

(For more information about upcoming events please go to southtulsa.org)



the channel

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volume XXIX, no. 4
 southtulsa.org



8:30AM Worship

Call to Worship Psalm 104:31-34 Shiloh Wolff
Open Up the Heavens
Your Name
We Believe
Prayer and Welcome Debbie Steen
Greeting One Another
Scripture Reading David and Teresa Powell
Message Philippians 1:12-26
 Grace and Peace to You: Philippians
Response *Before the Throne*
Good Morning South Tulsa
New Commitments - New Members
Blessing

10:50AM Worship

Good Morning South Tulsa
Call to Worship Psalm 100:1-3, Psalm 104:24-25, Psalm 66:1-4 Carolyn Gates
All Creatures of Our God and King
Prayer and Welcome Zack Hudson
Greeting One Another
No Other Name
Lord I Need You
Choral Worship *Jesus Son of God*
With All My Heart
Offertory *Elijah Rock*
 Mixed Ensemble
Scripture Reading David and Teresa Powell
Message Philippians 1:12-26
 Grace and Peace to You: Philippians
Response *Living for Jesus*
New Commitments - New Members
Blessing



Developing Spiritual Disciplines

Philip Stephens

Yesterday, South Tulsa hosted a Keyboard Festival sponsored by the Baptist General Convention of Oklahoma. These festivals are intended to encourage young keyboard players and to train future church musicians. Students are given critique sheets with a rating and constructive comments. Hopefully they leave inspired to keep learning.

Some of us remember our own piano lessons and the struggle to practice. We may also remember the struggle with our children, past or present, to encourage them to practice. Sometimes the will of the parents is tested to the max. There are many excuses for not practicing such as "my brother hid my books" or "my dog gets sick when I play." Likely the most common excuse is "I didn't have time."

Any time I hear the "time" excuse, my mind goes back to a college class. The professor called on a classmate regarding an assignment due that day. The student's response was, "I didn't have time." Following the air being sucked out of the room, the professor very firmly stated to the student and to all of us that we all have the same amount of time. Likewise, it was our responsibility to find time to do our assignments.

Just as piano students must make time to practice, so all believers must make time to exercise spiritual disciplines. The excuses in this area are many, but again, the number one excuse is, "I don't have time." The new year brings renewed interest in disciplines and particularly spiritual disciplines. It's a great time to reset our spiritual practices.

A characteristic of spiritual disciplines is that they are activities. They are not attitudes. Disciplines are practices. Spiritual disciplines are things you do. They are not character qualities. They are not the fruit of the spirit. They are things you do.

So, set your spiritual goals for Bible reading/memorization, prayer, witnessing, and other worthy activities. I have never heard anyone say they regretted learning to play the piano. I only

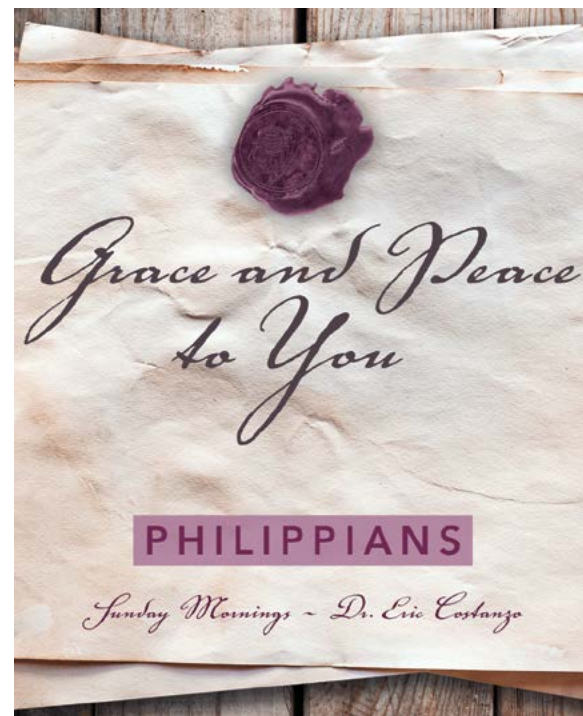
hear, "I wish I had kept practicing." Likewise, we will never regret practicing the disciplines that help us grow as Christians.

Girls in Action Gives to Lottie Moon

Thank you to everyone who used the Lottie Moon Christmas Card mailbox to distribute cards! The amount given to the Lottie Moon Christmas offering through the mailbox was \$220. Girls in Action also learned about Lottie Moon and her impact on China and missions around the world, and had an offering contest between the classes and generated \$376.49. Great job girls, your efforts resulted in \$596.49 for Lottie Moon!

Winter Gathering

Mark your calendar and join your South Tulsa church family for the upcoming Winter Gathering on Sunday, February 24th from 5:00-7:00 p.m. We will meet in the gym and enjoy a chili cook off and potato bar. Bingo and other games will be played by all. Childcare provided for three and younger. Everyone invited! In addition, our church family will all worship together that morning at 10:50 a.m. after Bible Study for all ages at 9:40 a.m.



Getting to Know You



New Members of South Tulsa
Welcome to Bill and Beth Polk who joined the church in December!

Bill and Beth both grew up in Arkansas and met at the Baptist Student Union at the University of Arkansas at Monticello. They have been married for 46 years. They have a son who is on a church staff in Norman and a daughter who lives in Ohio. They also have eight grandchildren.

Bill worked at Lifeway Christian Bookstore for a total of 33 years. He managed stores in North Carolina and Kentucky before moving here in 1989 and becoming the manager of the store here. He retired from Lifeway and worked for the State of Oklahoma for 12 years and then retired for good. Beth taught school for five years when they were first married, and she still substitutes once in a while.

They enjoy spending time with their grandchildren, traveling, gardening, sports and are huge Chicago Cubs fans. They have gotten involved in the Pathfinders Bible study class.

Discover South Tulsa

New members and those interested in becoming members of South Tulsa Baptist Church, please join us for our Discover South Tulsa class on **Sunday, February 17** from 12:15 to 1:30 p.m. in the Fellowship Hall. Lunch will be served. If you'd like to attend or need more information, please call Cindy at 918-528-1173 or email cindy@southtulsa.org.

Contribution Statements

Your 2018 contribution statements are available in the Commons for you to pick up this morning. Please take a moment and go by the table to pick yours up and save our church mailing expense.

Quarterly Church Conference - 5:30

Tonight at 5:30 p.m. in our chapel. At 6 p.m., Bobby Kelly will share our last message for our January Bible Study.

Student Ministry

STUDENT WINTER RETREAT | February 1-2

We will be taking our Students to Camp Loughridge on Friday, February 1 for an overnight retreat. It is our goal to help students build a deeper relationship with Christ and with each other. We will take time for worship, Bible Study and community building within our Student Ministry. Cost is \$25. Be sure to bring your bedding, personal toiletries and change of clothes. Sign-up today online at southtulsa.org/student-events.

WINTER JAM | February 10

The WINTER JAM CONCERT series is coming to Tulsa's BOK Center on Sunday, February 10! Performing artists will include Newsboys, Danny Gokey, Mandisa, Rend Collective, Ledger, Manic Drive and others. We will meet at the church on Sunday afternoon at 3:00 p.m. to take church buses downtown. Cost for the concert is \$15 at the door. Bring extra money for food and merchandise. We will aim to be back at the church around 10:00 p.m.

The Heart of a Mom

February 12, 2019



Join us for the Heart of a Mom Gathering for moms of all ages on Tuesday, February 12 with speaker, Joe White from Kanakuk. This FREE event will be in the

Chapel from 11:30 a.m. to 1:00 p.m. with a catered lunch just for you! No childcare available. Please RSVP online at heartofamomevent.com by February 9.

last week

GIVING

Ministry Financial Plan \$2,088,797
Actual MFP Receipts 2,202,741
General Fund 47,288
Capital Reserve (New Day) 165
Lottie Moon to Date 103,280

SUNDAY BIBLE STUDY

Adults 529
Students 82
Children 98
Preschool 78
Unclassified 10
Total 797

WEEKDAY BIBLE STUDIES 389

THE MINISTRY CENTER

Volunteers 27
People Helped 144
Medical Clinic 11

JENKS CAREPOINT

Volunteers 24
People Helped 253

WORSHIP SERVICE ONLINE

LIVE Views 4,458
(U.S. 3,013; 12 Retirement Centers with 124; International 1,445)
ON DEMAND Views 5,987
(U.S. 3,991; International 1,996)

MINISTRY STAFF

Dr. Eric Costanzo, *Pastor*
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Philip Stephens, *Minister of Music*
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ON THE COVER Barbara Ross and Melva Payne